

## Lunch Menu As From 01 July 2026

### Sands Menu 1

#### ❖ **Starter:**

- Mauritian style seafood salad with lime dressing

#### ❖ **Main Course:**

- Chicken curry, potatoes & green peas
- Steamed basmati rice & papadam

#### ❖ **Dessert:**

- Coconut blanc manger and coconut ice cream

#### ❖ **Drinks:**

- 1 lt water + 1 soft drink or 1 beer

## Sands Menu 2

### ❖ **Starter:**

- Smoked marlin, avocado puree and mesclun salad

### ❖ **Main course:**

#### SEA

- Grilled fish filet
- Grilled calamary
- Shrimps/mussels

OR

#### LAND

- Grilled chicken
- Grilled lamb sausages
- Mini steak

### ❖ **Sides:**

- Potato wedges
- Salads
- Seasonal vegetables

### ❖ **Dessert:**

- Coconut blanc manger and coconut ice cream

### ❖ **Drinks:**

- 1 lt water + 1 soft drink or 1 beer

## Sands Menu 3 (Mix Grill)

### ❖ **Main Course:**

#### SEA

- Grilled fish filet
- Grilled calamary
- Shrimps

**OR**

#### LAND

- Grilled Chicken
- Grilled lamb sausages
- Mini steak

### ❖ **Sides:**

- Potato wedges
- Salads
- Garlic bread

### ❖ **Dessert:**

- Coconut blanc manger and coconut ice cream

### ❖ **Drinks:**

- 1 lt water + 1 soft drink or 1 beer

## **Kids Menu**

- ❖ Neptune's delights
- ❖ Battered fish with crisp fries, honey mustard dip and salad

**OR**

- ❖ Breast of chicken
- ❖ Mashed potato and sauteed vegetables

**OR**

- ❖ Hamburger / cheeseburger
- ❖ Served with crispy french fries and traditional garnish

**OR**

- ❖ Wiggly worm
- ❖ Spaghetti bolognese with parmesan cheese

### **Dessert:**

- ❖ Tropical fruits salad
- ❖ Served with red fruit gelato

### **Beverage:**

- ❖ One soft drink or one juice of your choice